# DEMENTIA - ALZHEIMER CARE

#### Dementia and Alzheimer's Care at Home

It is important for those suffering from Dementia to be able to stay in their own home. By moving a patient into unfamiliar sorroundings and altering long standing routines you are increasing stress, confusion and discomfort. There really is no place like home and by choosing one of our caregivers your loved one will be in a place filled with memories, sorrounded by personal treasures, photographs and a comforting routine.

#### Dementia and Alzheimer's Care Plan

Each person who is suffering from Alzheimer's or another type of Dementia needs to have his or her own individual care plan. The care plan is focused on how our staff can encourage and maintain the unique strengths of the person with Dementia while meeting his or her needs for support. Care plans take into account each individual's unique qualities, abilities, interests, preferences and needs. This will help us to understand the difficulties that Alzheimer's patients may face.

#### PEACE OF MIND FOR THE FAMILY

We understand that it is a hard decision to entrust a stranger to care and support for your loved one. Our home support is structured so that no drastic changes are made to upset normality. Dementia is caused by the change of chemistry and structure to the brain, resulting in progressive degeneration. Our team can help you to gain knowledge and understanding of most symptoms associated with the disease. We know that it is a difficult and challenging journey to see your loved one struggle with simple daily activities. There is no need to go through this alone. Let us help and guide you by maintaining you loved ones independence, dignity, and also give you peace of mind that they are safe and comfortable.



### **CONTACT US**

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Vancouver-North Shore Coquitlam-Burnaby New Westminster Richmond-Ladner Tsawwassen-White Rock Surrey-Delta-Langley

Only a life lived in the service to others is worth living...

Albert Einstein

## IN-HOME CARE SERVICES





Professional Care at the place you love the most...
HOME

### **24 HOUR LIVE-IN**

Many Canadians require 24/7 hour live-in care due to being unable to safely remain at home on their own. With assistance it is possible for those individuals to age, heal, and recover at the place they love... home. 24 hour live-in care requires a lot of supervision and monitoring, and we have a specialized team working on just these types of assignments. We will make sure clients and their household are managed without interuption while remaining in a clean and healthy environment. Our team will report to the client's family and medical health authorities on a regular basis, ensuring they are updated on the client's health needs, well being, as well as household activities.

Our **24 hour live-in care** assignments are inclusive of all main services:

- •Personal Care
- Housekeeping
- •Home Helper
- •Meal Preparation
- TransportationShopping/Errands
- •Companionship •Med. Reminders

"Dear Care On Call,

Thank you all for the beautiful experience and help you provided to my Mom, she was so reluctant to the care at first, now she can't wait for Linda and Joy to come and visit. It's great you made it so easy for her to adjust to the setting of having a live-in worker. It is such pleasure knowing that Mom is in great hands, healthy, safe and well nourished. Your girls are working so well as an extention of my hands. For all that I once again thank you"

Mary Ann (Daughter).

## WHEN SHOULD YOU CONSIDER IN-HOME CARE





Do you or your loved one need assistance with basic self care such as bathing, toileting, personal care, bladder function, eating or mobility?

Are activities like cooking, cleaning, laundry, paying bills or managing finances no longer managed safely?

What about cognitive function, such as short and long term memory, orientation to people, time and places?

Are social activities or relationships with family, friends, and organized programs no longer maintained?

Have you noticed any signs of anxiety, fear, depression and loneliness that require special attention?

Are you or your loved one bed bound and not able to perform basic daily tasks?

Is your discharge from the hospital determined by whether you have 24/7 care in place?

We Understand that the decision making process can be stressful and overwhelming....

Let us help you go through this process and advise you on the best way to safely remain at home. We can give you the peace of mind you need.

### **SOME OF OUR SERVICES**





- General housekeeping
- Laundry
- Ironing
- Take out garbage
- Make beds, change linens
- Wash windows\*\*
- Organize closets
- Handle dry cleaning
- Run local errands
- Organize mail
- Medication reminders
- Meal planning and preparation
- Monitor diet and nutrition intake
- Fridge inventory
- Social outings
- Transportation
- Encouraging hobbies
- Aid with reading
- Arts and crafts
- Cooking together
- Mending clothes
- Conversation
- Assist with daily exercises
- Stimulate mental awareness
- Wardrobe selection
- Dressing assistance
- Post hospital care
- Safety check and fall prevention
- Stroke and heart disease
- Personal care and daily hygiene
- Palliative care
- Alzheimer and dementia care
- Managing incontinence
- Bed bound assistance